



Latest Activities in Health Care Spending and the Private Insurance Market

25th Annual Princeton Conference
May 22-24, 2018

Drivers of Health System Change

Accelerating
Affordability
Crisis

Social
Determinants of
Health and
Chronic Disease

Increasing
Influence of
Government

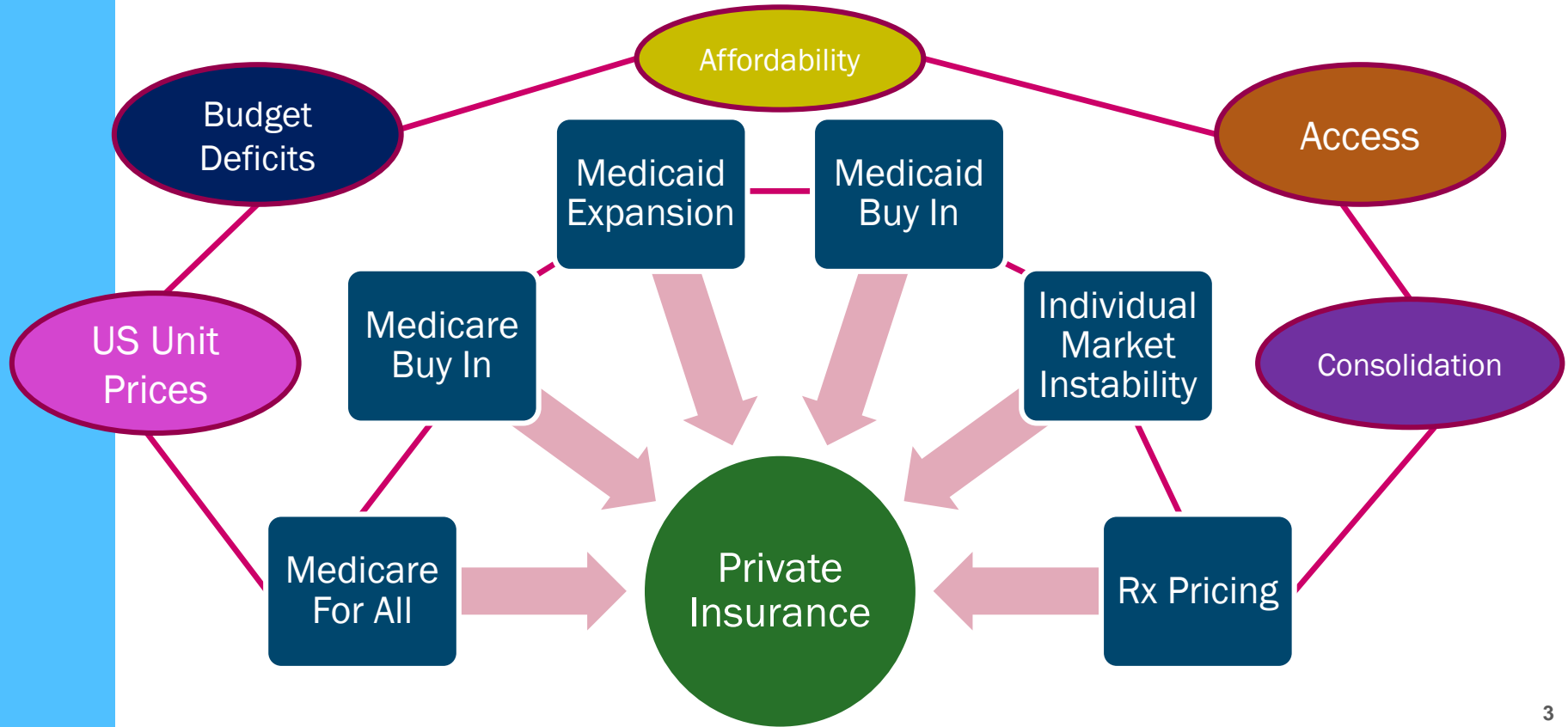
Impact of
Consumerism

Delivery System
Transformation

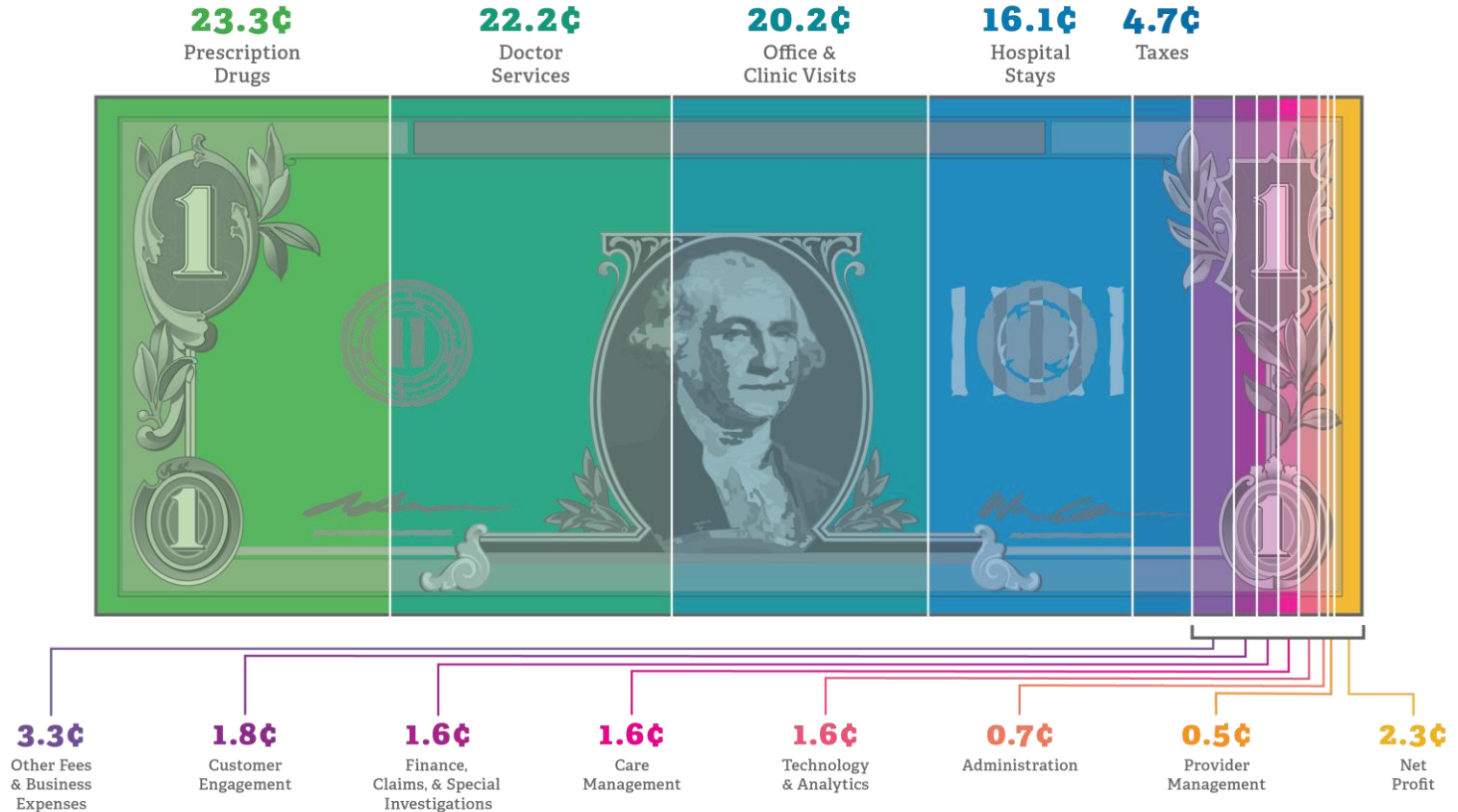
Clinical
Innovation

Advances in
Information
Technology

Private Market Uncertainties / Challenges



Commercial Health Plan Spending Factors



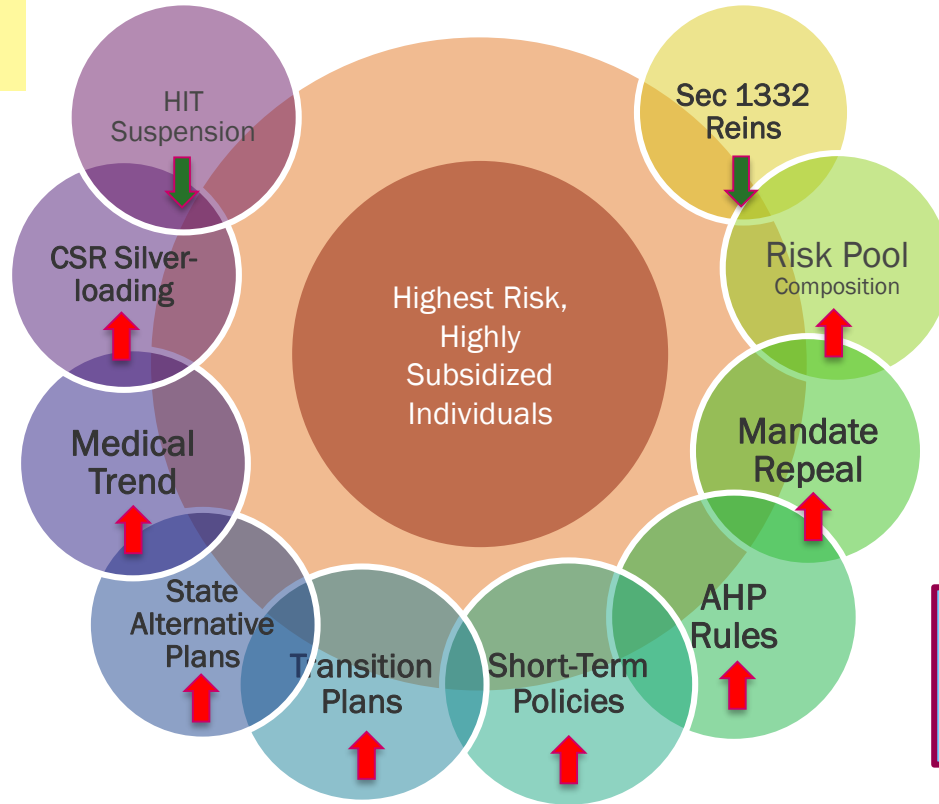
A View the Private Insurance Market



Market	Major Segments	Market Disruptors
Employer-Sponsored	<ul style="list-style-type: none"> • Large group ASO (ERISA) • Large group fully insured • Small group fully insured • Existing association health plans (AHPs) 	<ul style="list-style-type: none"> • New AHPs • Small group ASO • New Health Reimbursement Arrangement (HRA) rules
Individual	<ul style="list-style-type: none"> • On exchange • Off exchange 	<ul style="list-style-type: none"> • Short-term plans • New AHPs • New HRA rules • Health care sharing ministries • Farm bill / bureau plans
HIPAA-excepted	<ul style="list-style-type: none"> • Dental • Vision • Supplemental • Fixed indemnity / specified disease • Disability income • Long-term care insurance 	<ul style="list-style-type: none"> • Short term (LTC) insurance

Individual Market Factors

**Uninsured
By Choice**

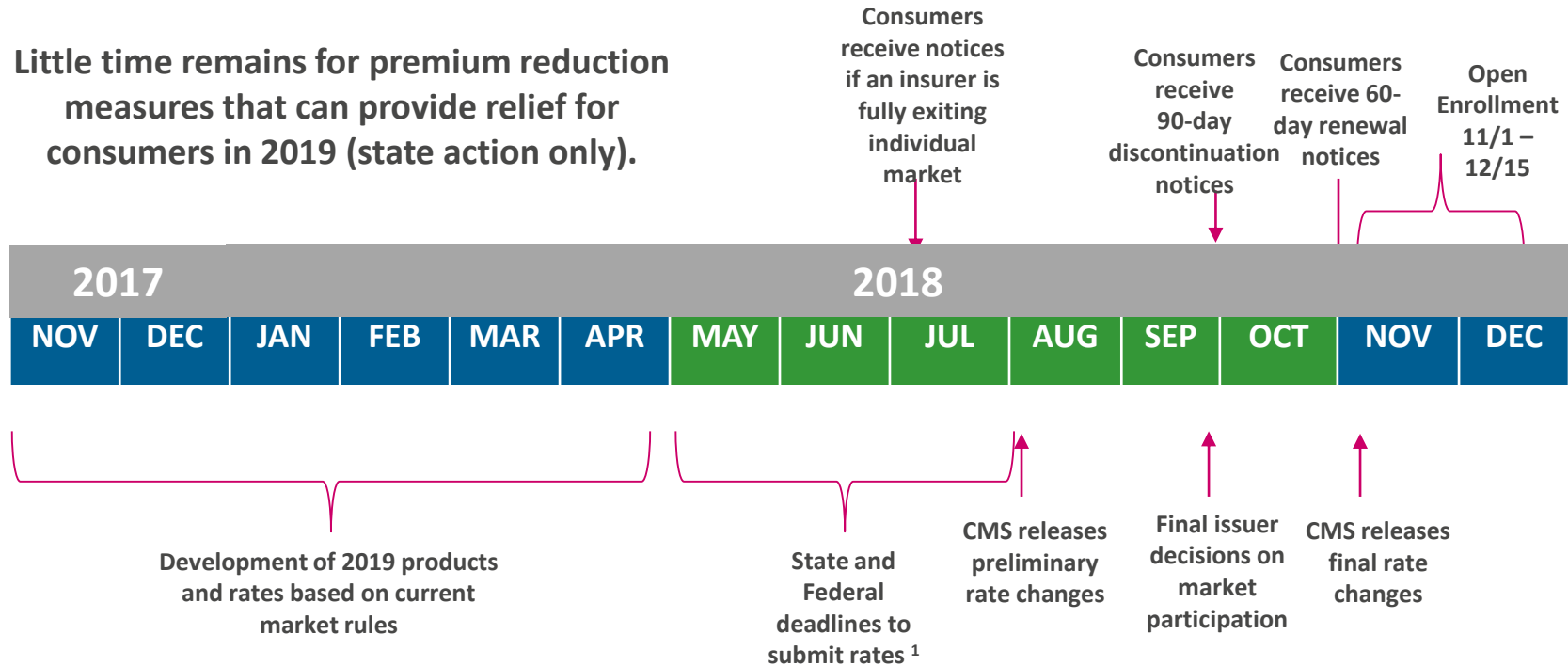
**Uninsured
by Affordability**
(e.g., no subsidy)



 Increases premiums
 Decreases premiums

2019 Individual Market Rates: Key Dates

Little time remains for premium reduction measures that can provide relief for consumers in 2019 (state action only).



¹ Federal deadline for rates is July 25. State deadlines—half not yet announced—will vary due to state approval processes but begin May 1.

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