Quality Improvement and Payment Reform

Mark McClellan, MD, PhD
Senior Fellow and Director,
Initiative on Value and Innovation in Health Care
Brookings Institution

© Mark McClellan. All rights reserved. No part of this presentation may be reproduced or transmitted in any form or by any means without permission in writing.

Topics

- · Recent Results: Quality vs Value
- Next Steps for Payment Reform

Real Health Care Reform: Higher-Value Health Care

- Effective treatments for unmet health needs
- Innovations to reduce overuse, underuse, misuse of medical technologies
- · Wireless and web-based personal health tools and supports
- New delivery sites, methods and better-integrated provider teams
- · Non- medical strategies for health improvement

3

Real Health Care Reform: Higher-Value Health Care

LIKELY COST INCREASING

· Effective treatments for unmet health needs

POTENTIALLY COST DECREASING

- Innovations to reduce overuse, underuse, misuse of medical technologies
- Wireless and web-based personal health tools and supports
- New delivery sites, methods and better-integrated provider teams
- Non- medical strategies for health improvement

Real Health Care Reform: Higher-Value Health Care

LIKELY COST INCREASING - USUALLY REIMBURSED UNDER FFS

· Effective treatments for unmet health needs

POTENTIALLY COST DECREASING - OFTEN NOT REIMSURSED

- Innovations to reduce overuse, underuse, misuse of medical technologies
- Wireless and web-based personal health tools and supports
- New delivery sites, methods and better-integrated provider teams
- · Non- medical strategies for health improvement

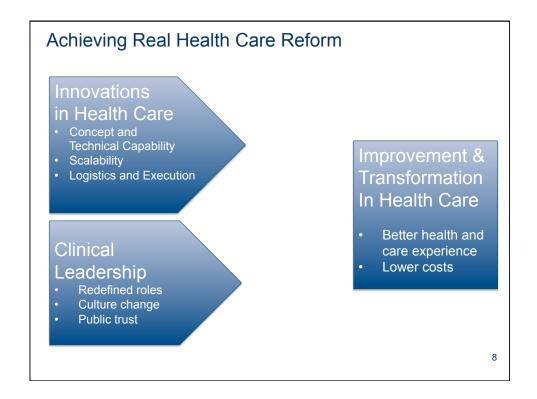
5

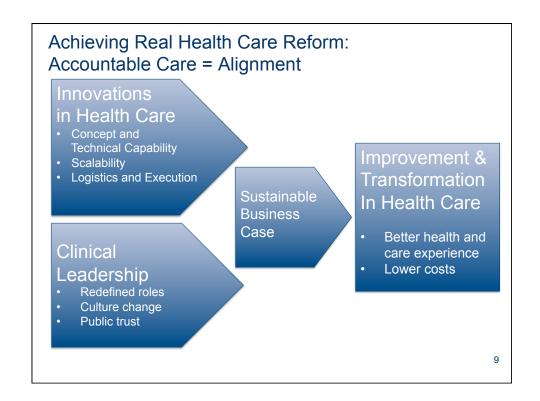
Achieving Real Health Care Reform:

Improvement & Transformation In Health Care

- Better health and care experience
- Lower costs

Achieving Real Health Care Reform Innovations in Health Care Concept and Technical Capability Scalability Logistics and Execution In Health Care Better health and care experience Lower costs







MSSP and Pioneer ACO First-Year Results: Quality

- 109/114 Medicare Shared Savings Program (MSSP) ACOs and all 32 Pioneer ACOs successfully reported quality measures
- Similar average quality performance but considerable variation in reported quality
- Better performance than quality benchmarks (now set based on performance data)
- Better performance than Medicare FFS on measures with FFS data (colorectal cancer screening, tobacco cessation, depression screening)
- · Higher CAHPS patient experience survey scores than Medicare FFS

11

MSSP and Pioneer ACO First-Year Results: Financial

- MSSP: Medicare spending growth benchmark 0.8%
 - 54/114 MSSP ACOs had lower spending than benchmarks, and 29 reduced spending growth enough to share in savings
 - 21 of 29 successful MSSP ACOs were physician-led
 - Two MSSPs had shared losses
 - Total shared savings to MSSP ACOs of \$126 million; \$128 million in Medicare savings (approx 1% overall savings)
- Pioneer: Medicare spending growth benchmark 0.3%
 - 13/32 Pioneer ACOs reduces spending growth enough to share in savings
 - One Pioneer ACO had shared losses of approx. \$2 million
 - Total shared savings of \$76 million; \$71 million in Medicare savings (approx 2% overall savings)

CMS Innovations Portfolio: Testing New Models to Improve Quality

Accountable Care Organizations (ACOs)

- Medicare Shared Savings Program (Center for Medicare)
- Pioneer ACO Model
- Advance Payment ACO Model
- Comprehensive ERSD Care Initiative

Primary Care Transformation

- Comprehensive Primary Care Initiative (CPC)
- Multi-Payer Advanced Primary Care Practice (MAPCP) Demonstration
- Federally Qualified Health Center (FQHC) Advanced Primary Care Practice Demonstration
- Independence at Home Demonstration
- Graduate Nurse Education Demonstration

Bundled Payment for Care Improvement

- Model 1: Retrospective Acute Care
- Model 2: Retrospective Acute Care Episode & Post Acute
- Model 3: Retrospective Post Acute Care
- Model 4: Prospective Acute Care

Capacity to Spread Innovation

- Partnership for Patients
- · Community-Based Care Transitions
- · Million Hearts

Health Care Innovation Awards

State Innovation Models Initiative

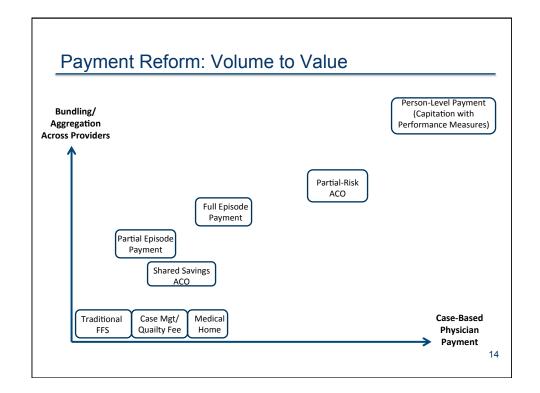
Initiatives Focused on the Medicaid Population

- Medicaid Emergency Psychiatric Demonstration
- Medicaid Incentives for Prevention of Chronic Diseases
- · Strong Start Initiative

Medicare-Medicaid Enrollees

- Financial Alignment Initiative
- Initiative to Reduce Avoidable Hospitalizations of Nursing Facility Residents

Source: Patrick Conway, CMS



Payment Reform: Private Payers and Medicaid

- Partial-risk models increasingly common in private insurance plans
 - Payments tied (partly) to achieving target population spending growth rate set in advance: Blue Cross MA, Aetna, Cigna
 - Medical home payments + shared savings and shared risk: Blue Cross MI, specialty medical homes (eg oncology, chronic GI disease)
 - Partially bundled payments for discrete procedure episodes (uncomplicated childbirth, orthopedic procedures)
- Population- and social-service models increasingly common in Medicaid
 - Nearly 1 out of every 5 new ACOs includes community health centers, rural health clinics, and critical access hospitals
 - NASHP: 18 states now have efforts underway or have already moved a portion of their Medicaid and CHIP population over to accountable care type arrangements, many with initiatives to bundle social and community-based services (eg Camden)

15

Quality of Quality Measures

- · Current ACO measures illustrate progress, and limitations
 - Patient/caregiver experience: CAHPS
 - Care coordination: preventable admissions, readmissions
 - Preventive care
 - Process and outcome measures for common conditions (e.g., diabetes)
- Gaps
 - Complex/frail patients
 - Less common conditions/patient types
 - Outcomes
- CMS/NQF Measure Application Partnership Priorities
 - Patient-centered outcomes spanning across settings
 - Complementary measures at 3 levels: individual clinician, facility/group/organization, population/community

Supporting High-Value Care

- · Professional norms and reputation
- Payments to support higher quality aided by performance measures:
 - Practice capabilities and expectations
 - Processes of care
 - Outcomes and biomarkers (surrogates) for outcomes
 - Patient experience
- · Competition and choice
- · Risk adjustment
- Risk sharing (e.g., partial accountability like shared savings, reinsurance, risk corridors)

17

Benefit Reform: Engaging Patients and Caregivers

- · Reforming benefits from volume focus to value focus
 - Private health plans
 - Medicare Part D
- Examples: benefit design changes to complement payment changes
 - Alongside ACO or medical home: Lower beneficiary premium and/or copays, other incentives and awards for engaging with and using accountable care providers
 - Alongside bundled payment reform: Tiered benefit (high-value providers on lower tier) or no additional financial support for more expensive providers (reference pricing)
 - Requires accompanying quality/performance measures

Challenges for Payment Reform and Quality Improvement

- Business case and aligned incentives for providers and payers
 - Addressing interactions among reinforcing payment reforms
- Practical, implementable alternatives to activity-based payment systems
 - Clear transitions to case- or person-based payment systems
 - Widely accepted benchmark methods for performance and shared-savings calculations
- · Data and infrastructure to support quality improvement
- Quality improvement systems to assure confidence in quality measures
- · Better evidence and learning from experience
- · Adequate financial support for taking on high-risk patients
- Deterrence of anticompetitive behavior