

BEHAVIORAL HEALTH INTEGRATION: A VIEW OF THE CURRENT LANDSCAPE

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Princeton Conference

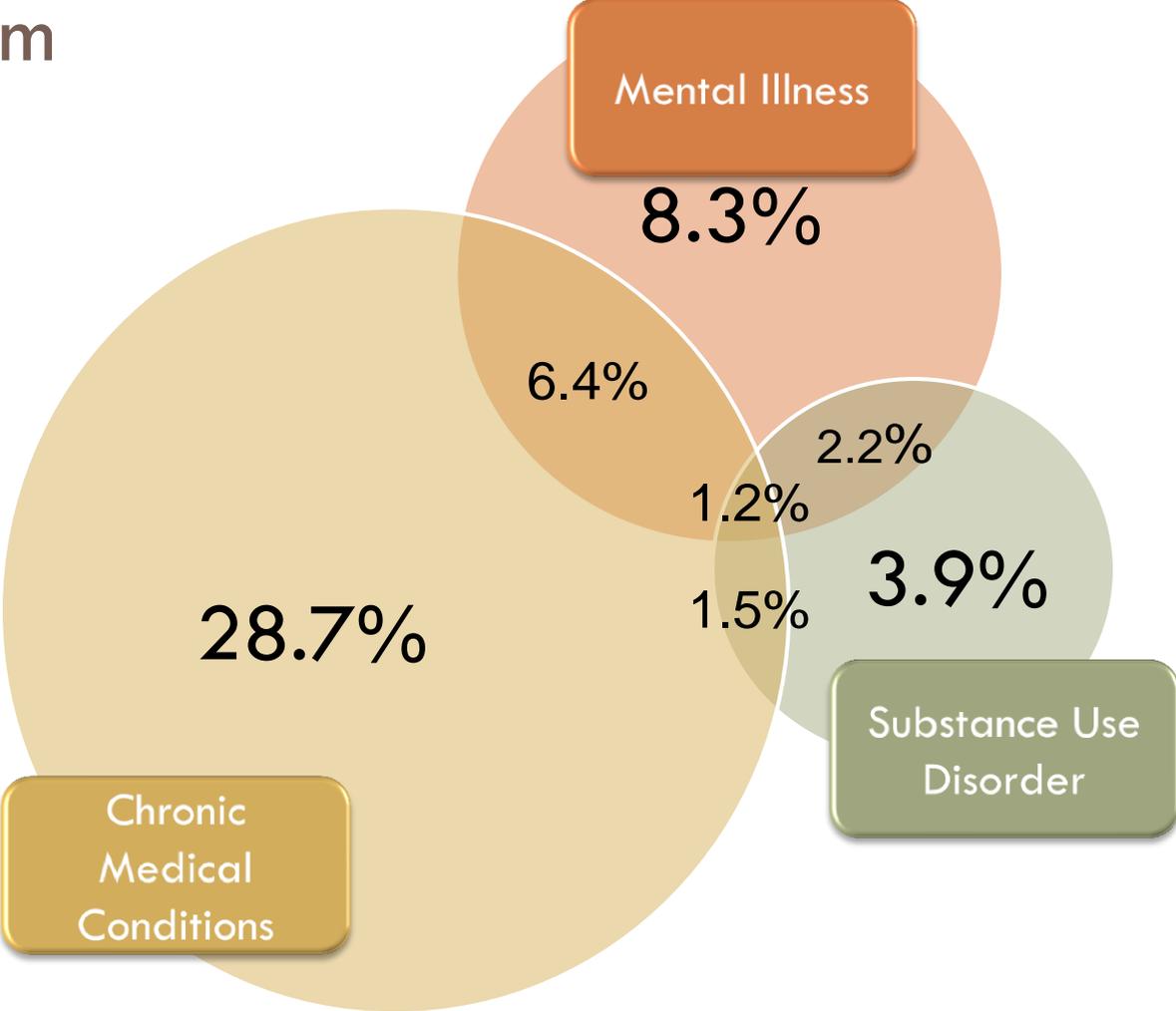
May 25, 2016



Mother Nature has no mercy. As a consequence, the presence of one disease usually provides no immunity against others

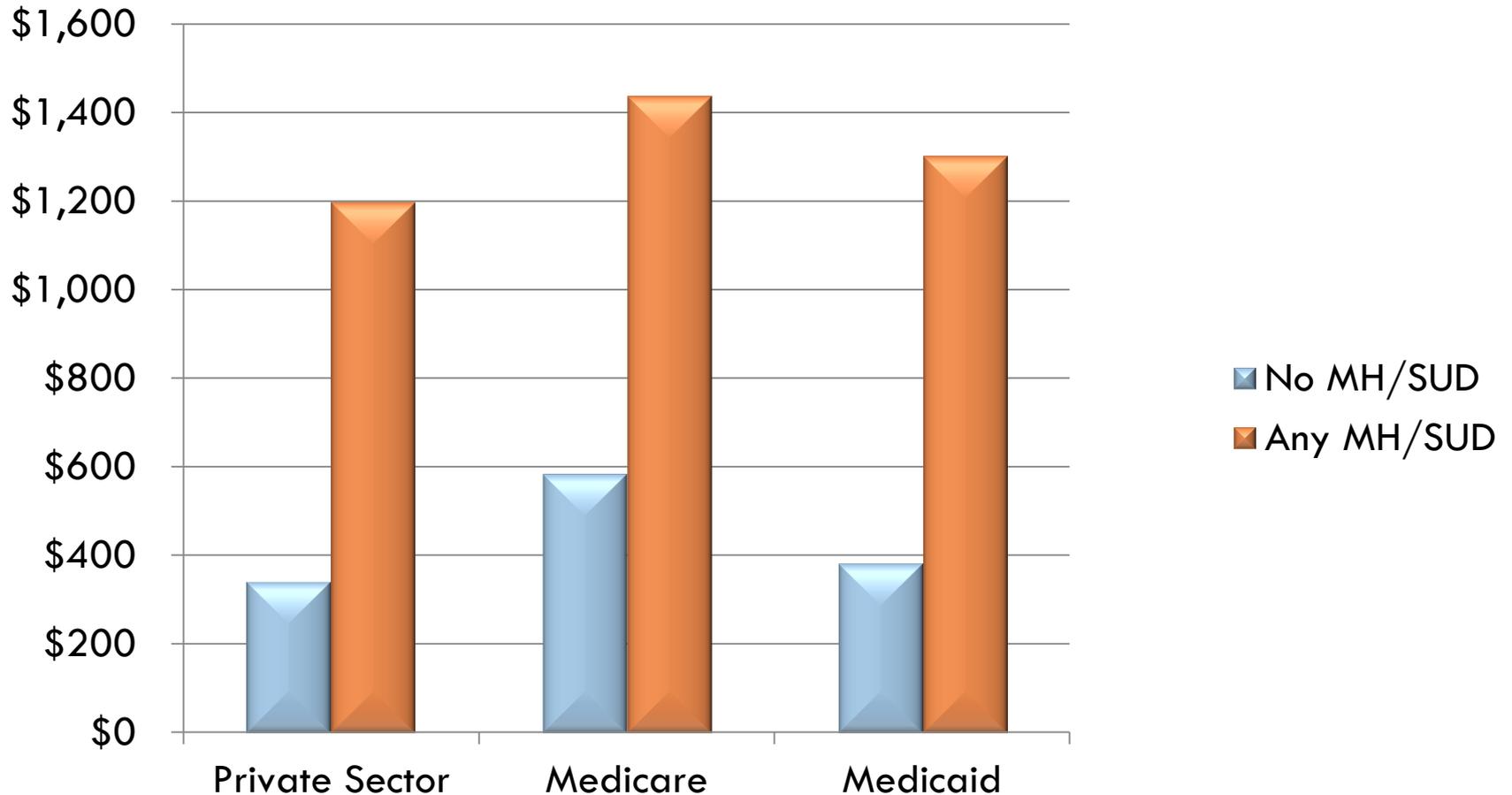
Redelmeier et al **N Engl J Med**. 1998 May 21;338(21):1516-20.

The Problem



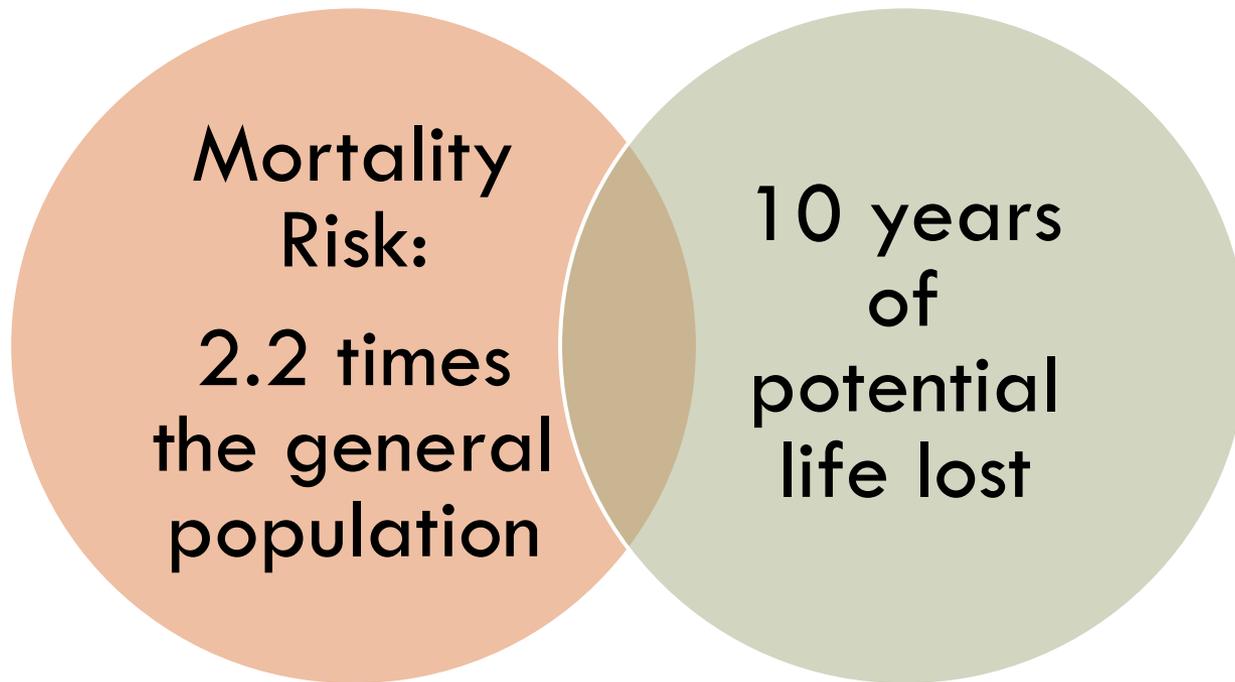
Walker and Druss (in press) 2010-2012 NSDUH

Per Member Per Month Costs



Milliman Report American
Psychiatric Association 2014

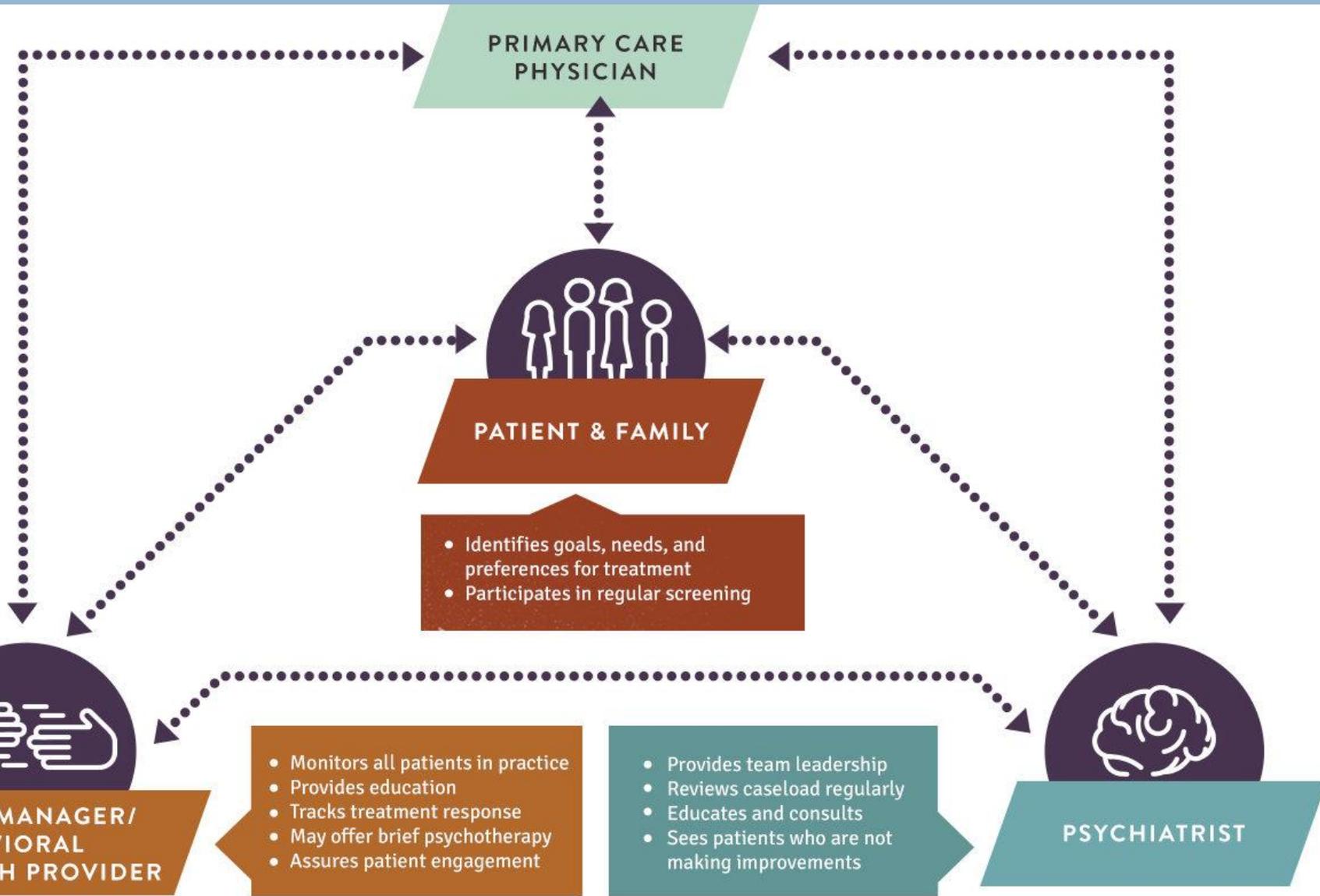
Mental Illness and Mortality



Walker, E.R., McGee, R.E., Druss, B.G. (2015). Mortality in mental disorders and global burden of disease implications: A systematic review and meta-analysis. *JAMA Psychiatry*.

Integrating Behavioral Health into Population Health

Collaborative Care



Policies Supporting Integration

- Medicaid parity regulations released 3/2016
- Medicaid demonstration projects
 - ▣ Medicaid 2703 Health Homes
 - ▣ Medicaid Incentives for the Prevention of Chronic Diseases
- New codes to reimburse collaborative care

From Integration to Recovery

- Patient Centeredness: “The experience...of transparency, individualization, recognition, respect, dignity, and choice in all matters, without exception, related to one’s person, circumstances, and relationships in health care.” D. Berwick 2009
- Recovery: “A deeply personal, unique process changing one's attitude, values, feelings, goals, skills, and/or roles. It is a way of living a satisfying, hopeful, and contributing life.” W. Anthony 1993