

# BEHAVIORAL HEALTH INTEGRATION: A VIEW OF THE CURRENT LANDSCAPE

Benjamin Druss MD, MPH

Princeton Conference

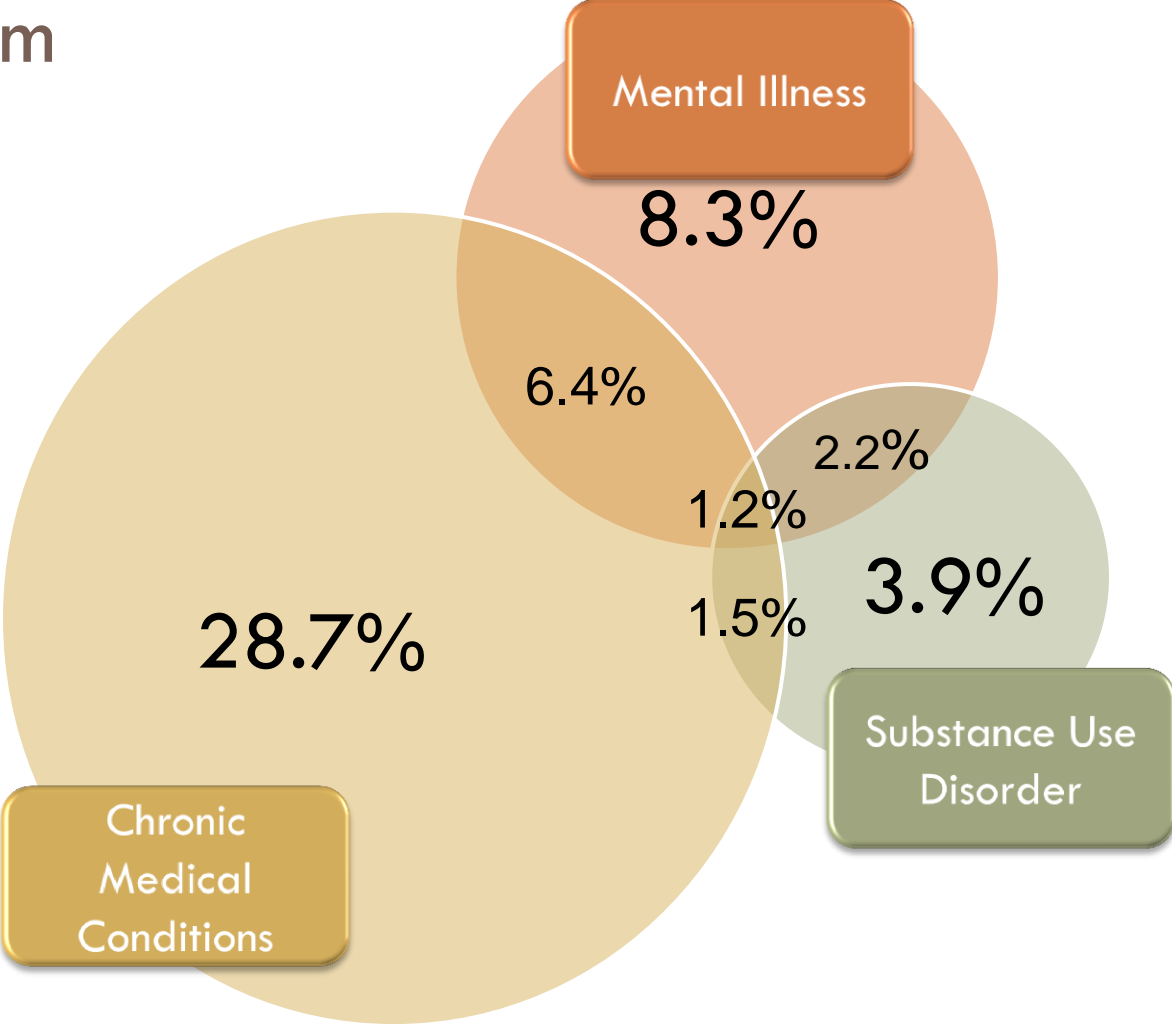
May 25, 2016



Mother Nature has no mercy. As a consequence, the presence of one disease usually provides no immunity against others

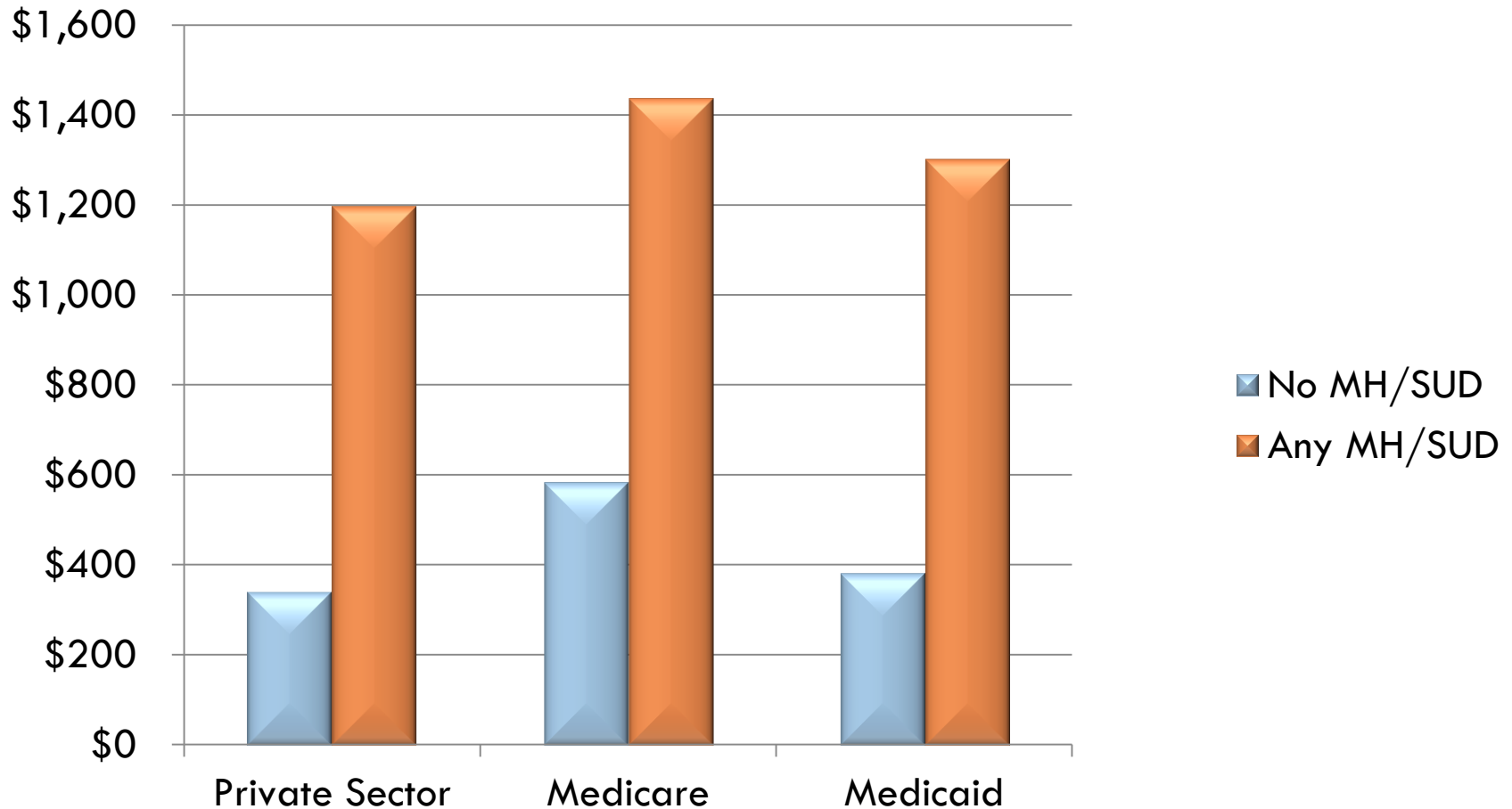
Redelmeier et al **N Engl J Med**. 1998 May 21;338(21):1516-20.

# The Problem



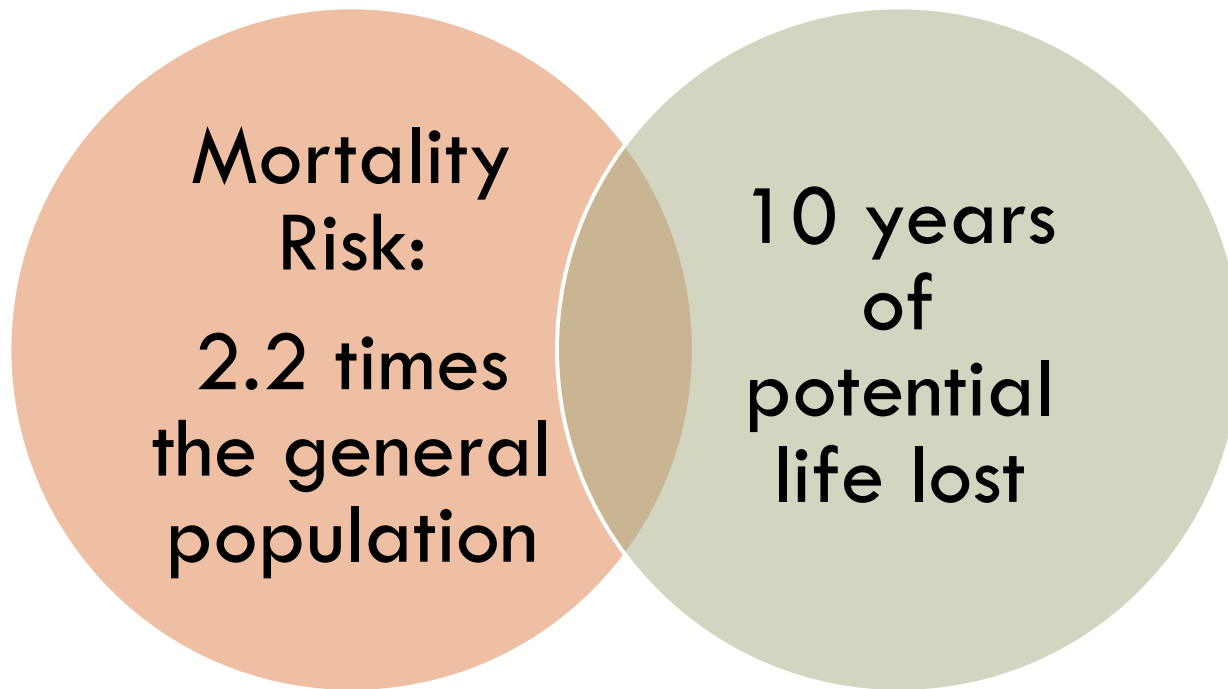
Walker and Druss (in press) 2010-2012 NSDUH

# Per Member Per Month Costs



Milliman Report American  
Psychiatric Association 2014

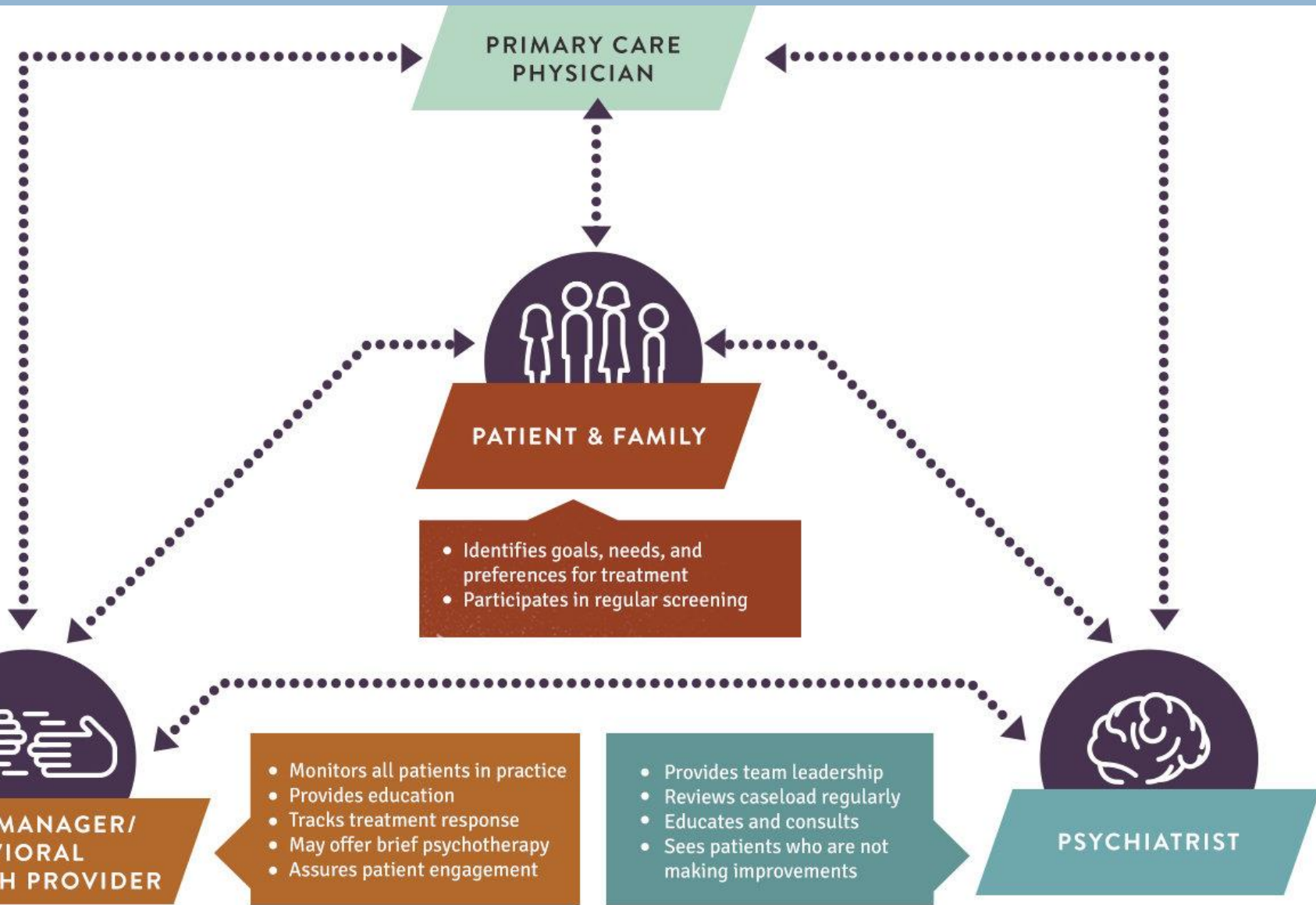
# Mental Illness and Mortality



Walker, E.R., McGee, R.E., Druss, B.G. (2015). Mortality in mental disorders and global burden of disease implications: A systematic review and meta-analysis. *JAMA Psychiatry*.

# Integrating Behavioral Health into Population Health

# Collaborative Care



# Policies Supporting Integration

- Medicaid parity regulations released 3/2016
- Medicaid demonstration projects
  - ▣ Medicaid 2703 Health Homes
  - ▣ Medicaid Incentives for the Prevention of Chronic Diseases
- New codes to reimburse collaborative care



# From Integration to Recovery

- Patient Centeredness: “The experience...of transparency, individualization, recognition, respect, dignity, and choice in all matters, without exception, related to one’s person, circumstances, and relationships in health care.” D. Berwick 2009
- Recovery: “A deeply personal, unique process changing one's attitude, values, feelings, goals, skills, and/or roles. It is a way of living a satisfying, hopeful, and contributing life.” W. Anthony 1993