California Health Benefits Review Program

Overview of CHBRP and Work on Social Determinants of Health

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What is CHBRP?

• CHBRP is an independent, analytic resource serving **the California Legislature**, grounded in academia and policy analysis
  ◦ Administered by the University of California
  ◦ Provides timely, **evidence-based** information to the Legislature
• Neutral – without specific policy recommendations
• Fast – 60 days or less
California for beginners

also palm trees and earthquakes and beaches and freeways and missions and in-n-out! everywhere! duuuuude!
SDOH FRAMEWORK

Upstream factors

- Economic Stability (employment, income, debt, expenses, etc.)
- Physical Environment (neighborhood, housing, transportation, etc.)
- Health Care (medical care, health insurance, health literacy, etc.)

Downstream factors

- Education (literacy, language, Pre-K–higher education, etc.)
- Social Context (discrimination, social integration, support systems, etc.)

Health Outcomes
(Health status, mortality, morbidity, life expectancy, functional limitations, quality of life)

Source: California Health Benefits Review Program, 2016
CHBRP’S WORKING DEFINITION

• Social determinants of health are conditions in which people are born, grow, live, work, learn, and age. These social determinants of health (economic factors, social factors, education, physical environment) are shaped by the distribution of money, power, and resources and are impacted by policy.

(adapted from Healthy People 2020, 2015; APHA, 2014).