Making change in end-of-life care: a new hybrid vehicle

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Our Prius

*Shown with available options*
Making change step by step …

Davis’ Theoretical Framework:

1. Attitudes
2. Knowledge
3. Skills
4. Behaviors
5. Outcomes
6. Norms
Making change step by step …

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... Making change step by step

Davis’ Theoretical Framework:

Our intervention components

- Attitudes
- Knowledge
- Skills
- Behaviors
- Outcomes
- Norms

EPEC for Trainer Teams

Tailored Implementation of Practice Standards (TIPS) Kits
Education in Palliative and End-of-life Care (EPEC) Project Organization

- Advisory Group
- Core Team & Master Facilitators
- Trainers
- Professionals & End-users

Steps:
1. Professional Development Workshop
2. Become a Trainer immersion conference
Model Design of the Tailored Implementation of Practice Standards (TIPS) Kit

- Protocol provides standards
- QI approach provides flexibility, power and speed
- Valid, uniform measures and pre-prepared components provide generalizability
- EPEC network provides for RCT
- Template human subjects plan ensures good QI research conduct
How powerful is our hybrid?

- EPEC dissemination
- Hybrid methodology (TIPS) for practice change

= Realistic hope for powerful, reliable, prudent, sustained improvement
Palliative care: beyond the medical model to include economic resilience

- Economic Resilience
  - Cancer 2008;113(12 suppl):3548-55.
- Financial pressures
  - SUPPORT JAMA 1995
- Difficult recovery
  - 1/3 households not at baseline by 4-6 years
  - Health & Retirement Study
Illness-poverty trap
The 1st of two possible solutions

Curative / remissive therapy

Caregiver functioning in society

Patient functioning in society

Patient care needs

Presentation

Death

Supportive / palliative care

Adapted from The EPEC Project
Essential research for policy fuel

- Does palliative care provide economic resilience?
- Can it provide additional inbuilt economic resilience options?
  - Family caregiver training already invested in
  - Leverage invested social capital with training?
Early work

- EPEC-CG
  - Formalizes family caregiver training
- Network of options for employment as a CG
  - ShoreBank, Chicago
  - India
The 2\textsuperscript{nd} of two possible solutions

- Reduce unwanted, costly interventions
  - Existential maturity
  - Dignity therapy
  - Goals of care
  - = Cost-warranted care

- Research needed
Both a fit for this approach

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Our intervention components:

- EPEC for Trainer Teams
- Tailored Implementation of Practice Standards (TIPS) Kits
Two new hybrid vehicles: 
education + training »
dissemination & implementation

business + medicine »
economic resilience, cost-effective policy

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